



CA-NV UMC Conference
Older Adult Ministry Council



Winter 2011

2011 BEULAH Foundation Funding for CA-NV UMC

The Beulah Foundation announced funding of CA-NV UMC Conference programs in 2011. Funding includes continuation of 12 programs and adding 7 new projects for a total of \$140,700.

Sarah Pryor, Chairperson of the Foundation, explained, "Beulah's Older Adult Grant Funding can be used to start a ministry for seniors in local Methodist Churches in the CA/NV Conference. A program can receive the grant for up to three years."

Third-year projects continuing to be funded include:

- Los Gatos Day Services
- Community Meal Ministry in Kerman
- Visitation and Health Ministries in Los Gatos
- Parish Nurse Services in Arcata
- Castro Valley UMC Older Adult Ministry

Projects to be funded by Beulah for the second year follow:

- Circle of Care Older Adults in Merced
- Healing Arts Ministry in Palo Alto
- 3 Square Meals in Clear Lake Oaks
- Church of the Wayfarer (Carmel) Seniors for Independence
- Older Adult & Labyrinth Ministry at Grace
- Health Ministries at St. Marks, Sacramento
- Wednesday Free Lunch Program in San Francisco

New programs to be funded beginning this year include:

- Parish Nurses in Loomis
- Silver Ministry of Korean UMC
- Senior Adult Coordinator in San Francisco
- Connecting Central Youth with Older Adults
- Older Adult Ministry, Japanese Ministry in Sacramento
- Adult Day Care Respite in Lower Lake
- Community Cares in Lake and Mendocino Counties



OAMC members at a recent meeting include Ruth Reynolds, Barbara Ryder, and Joyce Brinkley.

OAMC MISSION STATEMENT

HONOR AND ENRICH THE LIVES OF OLDER ADULTS BY SUPPORTING THE DEVELOPMENT OF MINISTRIES (AND SERVING AS A FOCAL POINT FOR INFORMATION AND GUIDANCE) BY, WITH AND FOR OLDER ADULTS.

2011 Beulah Recipient Program Summaries

Lower Lake UMC, from: Eva Johnson, 707-279-4836

Our ministry is an Adult Day Care Respite Center, which has been in operation since 1997. We have served 159 families since that time. It runs two days a week, 9:30-2:30, and costs \$35 per day, with some on scholarship. A volunteer leads games, singing, other activities. A home-cooked lunch is served. There are two part-time staff. Since state vouchering has ceased, this program is crucial for Clearlake residents.

Merced UMC, from: Karen Macedo, jkmacedo@comcast.net

Our ministry is to visit, pray, serve communion, run errands and take older adults to appointments or just "be" with them. We provide books to help them with aging or loss. We have a group of 12 who visit 3 or 4 older adults each month at their homes, in assisted living, hospitals or nursing facilities. We meet once each month to discuss our members with special needs. Our goals include more organized Bible study and communion for our shut-in elders.

Loomis UMC, from: Maggie McNaught (Maggie), maggie@loomisfumc.org

We are in the process of hiring a Parish Nurse whose job responsibilities include: 1. Advocating work with clients in medical settings; 2. Establishing health care/well being workshops with various age groups; 3. Acting as health resource person to point people towards available services in our community; 4. Attending to specific needs of our older adult population, especially those in our Senior Citizen center; 5. Assessing any potential elder abuse situations.



Sacramento Japanese UMC, from: Motoe Yamada, motoeyamada@gmail.com

Our ministry with older adults plans to:

- Provide spiritual, physical, emotional support and encouragement for older adults to enable them to feel included in the church community;
- Provide supports and activities that promote a greater level of independence for seniors;
- Provide training to increase the ability of our caregiving ministry team to reach out to older adults who are unable to participate in the church setting.

We plan to have 82 volunteers, no paid staff. 140 seniors from the Greater Sacramento area will be served.

Sacramento, St. Mark's UMC, from: Joyce Estes, joycere111@gmail.com

We will continue to hire a Faith Community Parish Nurse. Pam Taylor RN began working October 1, 2010 as the Parish Nurse checking blood pressures the first Sunday of the month between worship services. She is writing a health related article each month for the church newsletter which is also emailed to the membership. Part of her duties are visiting hospitalized members and working with the Membership Care team that calls on home-bound members. She will be planning health education forums.

Ukiah, from: Dennis Fay, Community Care Management Corporation, (707) 468- 9347, dennis_fay@live.com

We aim to provide for transportation, emergency response devices and home/chore support to very poor seniors in Lake and Mendocino Counties, and to provide "just enough" of the right home care to allow fragile and impoverished seniors to continue to live independently at home with dignity and respect. Website: <http://www.communitycare707.com/>

More Beulah Recipient Program Stories

Santa Clara Valley Korean UMC, San Jose, from: Katherine Kim, katherinekim@gmail.com

Our church will use the Beulah grant for our senior program for younger UMW's who are 60 years and older. We are trying to promote spiritual, singing, dancing, arts/craft and other activities including socializing and fellowship; more activities or outings such as museum, special events, movies, etc.

Other activities are feeding homeless people and visiting nursing homes to help older Koreans. For the exercise part, we are including badminton and ping-pong games. We are planning to make knitted, crocheted items to give out to nursing home residents or other people.

Stockton, from: "Martha Tipton" mtipton@cumcstockton.org, Central UMC

We aim to heighten our sense of community as a church by increasing contact and building meaningful relationships between our children and older adults. We'll expand our Senior Visitation Ministry and Youth Programs: children (all ages) to send holiday, seasonal, and birthday cards to 50 seniors; Gr.6-8 to prepare and deliver holiday meals to shut-ins' residences; and Gr. 9-12 to form individual Prayer Partners with seniors. We'll rent a bus for Halloween Caroling at nursing homes and shut-ins and hire a driver to bring to worship non-driving seniors. In these ways, we hope to maintain a bridge to those older adults who have worshipped with and served us faithfully in the past.

Yuba City Grace UMC, from: Rosemary Landry, landry2424@yahoo.com

We are using the balance of the Beulah money this year to advertise next year's Beulah funded Older Adult Fair. The ads will be in the Trivia Pages, reaching up to 70,000 this next year. We will have both a picture of the church and the labyrinth, as well as an article about our Older Adult Fair.

Another Happy Thanksgiving!



Judith Pruess-Mellow comforts her 90-year-old mother, Virginia Hansen, during a rest from cooking.

This photo was taken on a wonderful Thanksgiving Day, 2010, with Judith's Mom at her house. She was dressed in the same outfit she wore a couple years ago for this day, before she broke her hip and went to a memory care unit, after hospital and skilled nursing. Judith took a picture of her that day that she loves. She had thought that day could never return, but it actually did.

Then Judith had another reminder about the importance of the POLST form late Saturday night, Dec. 10. Her Mom fell again and the ALF sent her to emergency at 11 pm. She was with her Mom in the ER until 1 am, after they had determined by x-rays that nothing was broken--thank God! In the dark hours of the night, she realized the importance of the POLST (Physician Order for Life Sustaining Treatment) form.

The ALF had sent the pink form along with her Mom, so even before she arrived with it in hand, they were aware that she wanted Comfort Care only. This makes a BIG difference in how they approach her situation--comfort care oriented. If she were not reachable, the nurse said that the doctor would make comfort-care oriented decisions.

Older Adult Ministry Council

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To:



Be sure to visit the OAMC booth at 2011 Conference!

Cont'd from pg. 3 Beulah Programs

Live Oak Day Services at Los Gatos UMC

Our day program started about 30 years ago and uses two rooms at Los Gatos UMC. It is a non-profit, with participants paying on a sliding scale. The hours are 9:00 – 3:00, Monday through Friday. Depending on the day, the staff can expect 12 – 20 participants, including several men. A few are in wheelchairs, but most are ambulatory. The current participants are very alert and active, although a few need assistance using the bathrooms.

Each day includes a continental breakfast and a hot lunch. Activities include dancing, exercise, music appreciation, discussions and games. The goal is to provide physical, social and intellectual enrichment to the older adults who participate. (Ilona, assistant director)

Community Meal Ministry—Kerman UMC

The ministry provides a monthly free dinner to local older adults, usually 150-200 meals each time. The community dinner is not only a meal, but an opportunity for seniors to socialize and have fun. Many are isolated, so this

Mark Your Calendars for Wingspread!

American Society on Aging's Wingspread Forum 2011 has adopted the topic: "The Faith Community's Role in the Silver Tsunami."

The event April 25, 1-5 pm, St. Mark's Lutheran Church, San Francisco, will serve as a pre-conference intensive to the American Society on Aging's annual conference scheduled for April 26-30, 2011 and will be co-sponsored by National Interfaith Coalition on Aging (NICA) and ASA's Forum on Religion, Spirituality and Aging (FoRSA).

ALL FAITH COMMUNITIES ARE ENCOURAGED TO SEND representatives to engage in this important Forum. \$10 fee at the door, with scholarships available. For more information contact Judith Pruess-Mellow, judithpm@theunion.net.

is an important gathering for them. (Daniel Fought, director)

NOTE: Beulah Foundation offers grant funding every year, and grants must be submitted by August 1, 2011 for funding in the year 2012.